

**RICHWOODS PK-8 BREAKFAST HHFKA K-8 (age
5-13)**



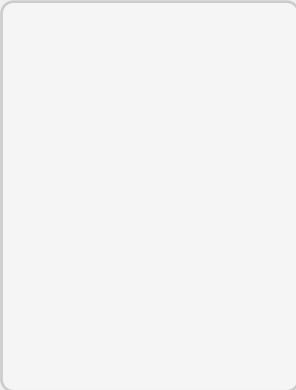
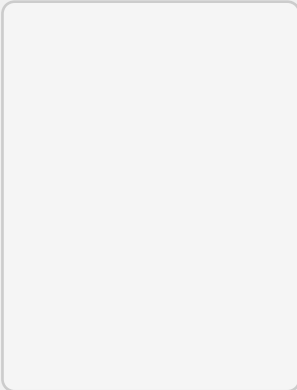
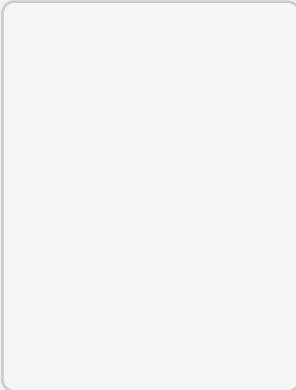
| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p align="right">1</p> <p>NO SCHOOL TODAY</p> | <p align="right">2</p> <p>NO SCHOOL TODAY</p> | <p align="right">3</p> <p>NO SCHOOL TODAY</p> | <p align="right">4</p> <p>NO SCHOOL TODAY</p> | <p align="right">5</p> <p>NO SCHOOL TODAY</p> |
| <p align="right">8</p> <p>NO SCHOOL TODAY</p> | <p align="right">9</p> <p>ULTIMATE BREAKFAST ROUND OAT CHOC CHIP PEARS SLICED 100% APPLE JUICE CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. OR CEREAL BOWL CHOICE</p> | <p align="right">10</p> <p>SAUSAGE & CHZ BRK PIZZA GRAPE JUICE FRESH CANTALOUPE MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F. OR TRIX WG BLUEBERRY POPTART</p> | <p align="right">11</p> <p>PILLSBURY BISCUIT SAUSAGE GRAVY ROCK'N BLUE RASPBERRY APPLESAUCE 100% ORANGE JUICE CHOICE OF MILK MILK- WHITE F.F. MILK- CHOCOLATE 1% OR REESE'S PUFFS CEREAL BAR CIN TST CRUNCH</p> | <p align="right">12</p> <p>STRAWBERRY YOGURT PARFAIT 100% APPLE JUICE CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. OR CEREAL BOWL CHOICE STRAW NUTRIGRAIN</p> |
| <p align="right">15</p> <p>W/G LONG JOHN 100% APPLE JUICE FRESH ORANGE OR BLUEBERRY CHEX GRANOLA BAR CHOC. CHUNK CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p> | <p align="right">16</p> <p>W.G. PANCAKES SF SYRUP HOT HAM WILD WATERMELON APPLESAUCE CUP 100% ORANGE-PINEAPPLE JUICE CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. OR CEREAL BOWL CHOICE GENERAL MILLS CEREAL BAR CHOICE</p> | <p align="right">17</p> <p>W.G. CINNAMON ROLL BACON EGGSTRAVAGANZA BLUEBERRY PEARLS 100% FRUIT JUICE BLEND CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. OR CEREAL BOWL CHOICE GENERAL MILLS CEREAL BAR CHOICE</p> | <p align="right">18</p> <p>PILLSBURY BISCUIT SAUSAGE PATTY SLICED APPLE'S IN A BAG SMUCKER'S GRAPE JELLY 100% APPLE JUICE CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. OR CEREAL BOWL CHOICE WATERMELON RAISELS GENERAL MILLS CEREAL BAR CHOICE</p> | <p align="right">19</p> <p>CHOCOLATE CHIP WG MUFFIN BACON EGGSTRAVAGANZA GRAPE JUICE STRAWBERRY/BANANA APPLESAUCE CUP CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. OR CHOICE OF CEREAL & CEREAL BAR</p> |
| <p align="right">22</p> <p>W/G MINI CAKE DONUTS SLICED APPLE'S IN A BAG 100% APPLE JUICE OR BLUEBERRY CHEX GRANOLA BAR CHOC. CHUNK CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p> | <p align="right">23</p> <p>WAFFLES SAUSAGE LINK SF SYRUP FRESH HONEYDEW MELON 100% ORANGE JUICE OR CEREAL BOWL CHOICE GENERAL MILLS CEREAL BAR CHOICE CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p> | <p align="right">24</p> <p>SAUSAGE & CHZ BRK PIZZA GRAPE JUICE FRESH CANTALOUPE MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F. OR TRIX WG BLUEBERRY POPTART</p> | <p align="right">25</p> <p>COUNTRY BREAKFAST SCRAMBLE BURRITO MANDARIN ORANGES ORANGE JUICE CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F. CHOICE OF CEREAL & CEREAL BAR</p> | <p align="right">26</p> <p>DUTCH WAFFLE BANANAS STRAWBERRY DANIMALS YOGURT 100% FRUIT JUICE BLEND OR LUCKY CHARMS STRAW NUTRIGRAIN GRAPE RAISELS CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p> |

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POPTART VARIETY
 STRAWBERRY DANIMALS
 YOGURT
 GRAPES
 100% APL/CHERRY JUICE
 CHOICE OF MILK
 MILK- CHOCOLATE 1%
 MILK- WHITE F.F.
 OR
 HONEY NUT CHEX
 CHEEZ-IT

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TURKEY SAUSAGE
 EGG BAKE BITES
 WARM APPLE SUSY
 100% ORANGE JUICE
 CHOICE OF MILK
 MILK- WHITE F.F.
 MILK-STRAWBERRY 1%
 MILK- CHOCOLATE 1%
 OR
 CEREAL BOWL CHOICE
 GRANOLA BAR
 COOKIES & CREAM
 GRAPE RAISELS



FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Mar 8, 2024