

The Richwoods R-VII School Food Service Department works very hard on meeting all Federal Regulations as they are set forth. Each year we are met with new challenges, but we are confident that by feeding our children the healthiest meals possible we can and will make a difference in their lives.

Please feel free to look over any of the documents on this page.

Below each hyperlink we have made a brief description.

Each hyperlink is in PDF format, you must have Adobe 9.0¹ or greater to view it.



What is HACCP? HACCP stands for Hazard Analysis and Critical Control Points.

What does the HACCP Plan do? HACCP is a systematic approach to construct a food safety program designed to reduce the risk of food borne hazards by focusing on each step of the food preparation process -- from receiving to service. The HACCP plan will help control food safety hazards that might arise during all aspects of food service (receiving, storing, preparing, cooking, cooling, reheating, holding, assembling, packaging, transporting and serving).

Serving safe food is the critical responsibility for the school food service department and a key aspect of a healthy school environment. Keeping foods safe is also a vital part of healthy eating and a recommendation of the Dietary Guidelines for Americans 2005. We have implemented a HACCP-based food safety plan to help ensure the safety of the school meals served to your children.

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The primary goals of the Richwoods R-VII School District's wellness program are to promote student health, reduce student overweight/obesity, facilitate student learning of lifelong healthy habits and increase student achievement. The following procedures will guide the implementation of the district wellness program.



Healthy Ideas for Snacks,

Rewards, and Fundraising



The Richwoods R-VII School District is committed to helping students become fit, healthy and ready to learn. Positive examples of making healthy eating choices and encouraging physical activity should be visible throughout the school. School and classroom parties offer an excellent opportunity for our schools to reinforce the message that making healthy food choices and being physically active means a healthier body and a sharper mind. To this end, the District Health & Wellness Committee has put together a list of suggested party snacks. (All snacks must be store bought and come wrapped.)

Celebrations and Parties - In keeping with the overall nutritional guidelines, parents and teachers are encouraged to limit soda and candy to no more than 50% of the foods offered at special holiday parties or activities. The other 50% of food items offered must be healthy.

Rewards - Should not include candy or soda. Nonfood incentives and/or at least 50% healthy food is encouraged.

Fundraisers and Intramural Activities/Concession Stands - Defined as school-sponsored or related groups or organizations having food sales during the school day will provide at least 50% of food items served must be healthy.



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(3) email: program.intake@usda.gov.

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